



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**Main Pool Schedule
Late Summer/Fall
2017**

**Pool Hours
MW**

5:30am-1:00pm
4:00-8:30PM

T-Thr
5:30am-1:00pm
4:00-8:30PM

Fri
5:30-8:30

Sat
8:00am-6:30pm

Sun
1:00-6:30pm

**Pool closes M-Th
from 1-4PM**

*Multiple activities
are often scheduled
in this pool at the
same time..*

During times on the
schedule when no
class is scheduled we
open lanes as best we
can to accommodate
all users; lap
swimmers may have
to share lanes at times
though.

*During times when
classes are
scheduled lap lanes
may be closed down
to one. No lap
swimming at all
MWF from 9-10am*
Birthday Parties
Birthday parties occur
as scheduled on Friday
Saturday, and Sunday.

Water Features

The water features are
turned on by request.
Water Features will not
turned on during
classes.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-8:00 Adult Lap Swim	8:00-1:00 Adult Lap/Open Swim	5:30-8:00 Adult Lap Swim	8:00-9:00 Adult Lap Swim	5:30-8:00 Adult Lap Swim	8:00-10:00 Open Swim	1:00-6:30 Open Swim	
8:00-9:00 Water Fit	9-10:00 Water Walking	8:00-9:00 Water Fit	9-10:00 Water Walking	8:00-9:00 Water Fit	10:00-12:00 Crossnore School	Birthday Parties as scheduled	
9:00-10:00 Water Fit <u>No lap swimming</u>	10-10:45 Aqua Zumba	9:00-10:00 Water Fit <u>No lap swimming</u>	10-10:45 Aqua Zumba	9:00-10:00 Water Fit <u>No lap swimming</u>			
10:00-1PM Lap swim & general pool use	10:45-1PM Lap swim & general pool use	10:00-1PM Lap swim & general pool use	10:45- 1PM Lap swim & general pool use		12:00-6:30 Open Swim	Birthday Parties as scheduled	
CLOSED 1- 4PM	CLOSED 1-4PM	CLOSED 1- 4PM	CLOSED 1-4PM				
	5:35-6:30 Water Aerobics	6:30-7:45 Kayak (<i>only on the first and third Wednesdays of the month</i>)	5:35-6:30 Water Aerobics	6:30-8 YMCA Youth Swim Club			