



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

INTRODUCING PICKLEBALL LESSONS

Are you interested in learning or improving your game in Pickle Ball? Individual, personal training sessions are now offered. (No, you do not have to be in shape). Lessons will help improve skills and your play level. It will also help develop strategies, and eliminate weakness catered to your abilities.

- Cost: \$25/ hour and \$15/ half hour
- All community members are welcome

LOCATION: YMCA BLACKKBURN ATHLETIC FACILITY

WHEN: By appointment—
Contact James Penley via email:
jamesp@ymcaavery.org or by
calling 828-737-5500 Ext. 325

